

Glamour Talk Mag

ONLINE
JUNE 2026
Issue 70

Happy Father's Day
21 June 2026

MET Gala took social media by storm!

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*Celebrate Youth Day
in a Fresh modern way*

Happy Father's Day 21 June 2026



REGULARS

1: COVER PAGE: 01

Our cover page - Beautiful Woman with a warm winter coat

2. EDITORS NOTE: 03

Editor - Charmaine Britz owner of Media House with magazine's like Glamour Talk Magazine / Top Vibe Magazine / Top Vibe Kids Magazine & 50+ Magazine

3. WELCOME AMBASSADORS: 04

Our Glamour Talk Magazine Ambassador Candice

4. 2026 PROJECTS: 08

*Media House projects for 2026
See page 12 & 13*

5. BACK PAGE: 20

Our back page Winter



Editors Note

Dear readers,

We are now in the month of June — a season of winter, chilly mornings, and cold evenings. But not everything about June is cold. It is also a month filled with meaning, celebration, and reflection.

On the 21st of June, we celebrate Father's Day, a special time to appreciate the fathers, grandfathers, and father figures who guide, protect, and support their families with love and strength.

We also celebrate Youth Day, on 16 June a day that reminds us of the courage and determination of the youth of the past. While we honour history, we should also look at Youth Day on a positive note — by encouraging today's youth to dream big, work hard, and become leaders who will build a brighter future for South Africa.

Let this June be a month of warmth, kindness, unity, and hope despite the winter cold.

Help us to make a difference in our community by donating, Gloves, blankets, scarves etc.

Happy Father's Day to all our Dad's be blessed and keep ons smiling

Call or WhatsApp 072 768 8582 or Carin @082 827 6556

Love,

Charms

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Glamour Talk Magazine

COMMENTS:

Please send an e-mail to admin@topvibe.co.za to share your opinion, ideas and comments.

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1.

MEDIA HOUSE PROJECTS 2026:

Please support our Ambassadors

Media House food drive
Charmaine 072 768 8582

2.

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Candice 078 614 4171

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4.

FATHER'S DAY.

Celebrate ather's Day
21 June 2026

Our Ambassador

Dear all Readers,

✨ Youth Empowerment & Honouring Fathers ✨

June is a month to celebrate the strength, dreams, and potential of our youth while also honouring the fathers and father figures who guide, support, and inspire us.

Young people are the future leaders, creators, and changemakers of tomorrow. With the right encouragement, mentorship, and opportunities, they can rise above challenges and make a powerful impact in their communities.

At the same time, Father's Day reminds us to appreciate the men who lead with love, wisdom, sacrifice, and protection. Whether through guidance, support, or simply being present, fathers play an important role in shaping the next generation.

This month, let us focus on building stronger families, uplifting our youth, and encouraging positive role models in our communities.

Together, we can inspire hope, purpose, and unity. 💙

I am putting together some homemade Father's Day cards at such reasonable prices.

If you are interested, please get in contact with Candice 078-614-4171.

UPCOMING MEDIA HOUSE EVENTS

- * Winter look (Top Vibe Kids) - 5 June
- * Gloves, scarves, knee blankets - 15 June
- * Colouring books, crayons or pencils - 15 June
- * Father's Day - 21 June

Kind Regards

Candice Trietsch
Glamour Ambassador
078-614-4171



Ambassador
Candice Trietsch



Celebrate Youth Day in a Fresh modern way.



To celebrate Youth Day in fresh, modern ways, look beyond the traditional public gatherings and typical day-off routines. Shift the focus toward interactive, action-oriented activities like volunteering at local community centers, engaging in upcycling or environmental drives, or participating in youth-led debate sessions and hackathons.

Give Back Through Digital Mentorship.

Instead of only listening to history, help shape the future by volunteering your professional or academic skills. Use online platforms to tutor local students in STEM subjects or offer remote career-mentoring to aspiring young entrepreneurs.

Attend Local Creative and Civic Events.

Trade the usual monuments for interactive cultural experiences. Look for local creative arts festivals, street-dance battles, or live poetry showcases at venues like the Kagiso Memorial & Recreation Centre to support up-and-coming talent in your area.

Join or Support Environmental and Tech Initiatives

Celebrate the modern generation's drive for sustainability by joining localized eco-projects like community park clean-ups or tree-planting drives.

Alternatively, look for or sponsor local tech-development hackathons that empower young tech minds to solve present-day community challenges.

Organize a Home or Community "Talent and Debate" Show

Host an intimate gathering that centers youth voices. Have younger children perform songs or short speeches inspired by freedom and education, while teens can hold friendly, moderated debates on modern civic issues.

Book an Immersive Historical Tour
Experience the history of the country's youth through a different lens.

Book a cycling or walking tour of major cultural hubs, such as a guided outing in Soweto, which includes stops at landmark sites like the Hector Pieterse Museum and Nelson Mandela's house.

It's time to close the book on the past and focus on how we can change.

Be compassionate towards others

Being compassionate involves recognizing suffering, empathizing with others' pain, and acting to alleviate it. It is an emotional thread connecting people through understanding. Cultivate it by practicing active listening, offering support, and acknowledging shared humanity to improve wellbeing and foster connection.

How can you be compassionate towards others?

Habits of Highly Compassionate People
Bringing attention or awareness to recognizing that there is suffering (cognitive)

Feeling emotionally moved by that suffering (affective)

Wishing there to be relief from that suffering (intentional)

A readiness to take action to relieve that suffering (motivational)

It is usually a large leap for a reader to transform academic research and narrative into practical points, but Olasky assists with this task in the form of "7 Marks of Compassion." These are easily remembered as an alphabetic mnemonic: Affiliation, Bonding, Categorization, Discernment, Employment, Freedom, and God.

Self-kindness. The ability to be supportive, understanding, and loving to oneself especially during trying and difficult times.

We don't know what is going on in a person's life don't judge just be friendly.

A smile cost nothing, but it could make somebody else's life a bit lighter.

Compassion literally means "to suffer together." Among emotion researchers, it is defined as the feeling that arises when you are confronted with another's

suffering and feel motivated to relieve that suffering. Compassion is not the same as empathy or altruism, though the concepts are related.

To simplify, we can break compassionate behaviours into three categories:

Taking care of ourselves,
Taking care of others, and
Taking care of business.
Taking care of ourselves by purposely engaging in self-soothing activities is a priority when it comes to self-compassion.

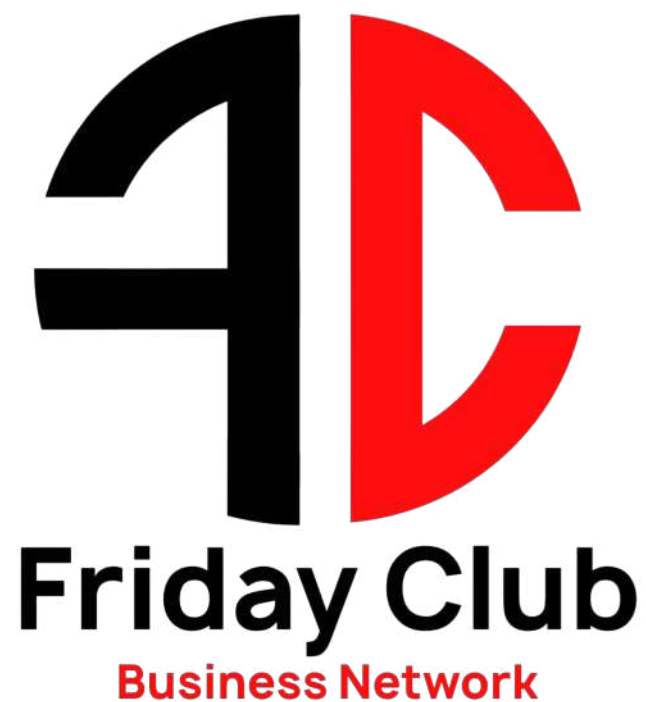
Start making a difference today.



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MEDIA HOUSE PROJECTS 2026

Let's Have Fun!



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 **072 768 8582**

 YOUR NAME AND SURNAME

 THE NAME OF THE TOWN YOU STAY

 ALL AGES

 CLOSING DATE: **5 JUNE 2026**

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TOP VIBE KIDS MAGAZINE

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WINTER SCARVES
& KNEE BLANKETS
for the elderly

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 Your kindness warms lives!

Please make a donation.
Every item makes a difference!

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 **Share kindness. Share warmth. Share hope.**



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for the elderly

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PLEASE MAKE A DONATION.

 Your kindness brings warmth, dignity & hope.

 **DATE TO SERVE THE ELDERLY**
11 JULY 2026

 **TOGETHER,**
we can make a **BIG DIFFERENCE.**

 **072 768 8582**
OR
082 827 6556

 **Share kindness. Share hope. Share a meal.**



Every bit helps a lot!

MET Gala took social media by storm



The Met Gala, took social media over and every body could be part of it with the AI app.

The Met Gala formally known as the Costume Institute Benefit, is an annual haute couture fundraising event held at the Metropolitan Museum of Art in New York City. Regarded as "fashion's biggest night," it marks the opening of the Costume Institute's spring exhibition and raises eight-figure sums for the museum.

History & Purpose

Founded in 1948 by fashion publicist Eleanor Lambert, the event initially started as a midnight dinner that cost just to attend. It transitioned into an ultra-exclusive global phenomenon after Vogue editor-in-chief Anna Wintour took over as chair in 1995, transforming it into a coveted invitation-only gathering of A-list celebrities, titans of industry, athletes, and politicians.

The Theme

Each year's Gala centers around a specific theme dictated by the Costume Institute's new exhibition.

Guests are expected to dress in haute couture that interprets this theme. For example, the Gala celebrated the "Costume Art" exhibition with a dress code of "Fashion Is Art". Past themes have included "Superfine: Tailoring Black Style" and "Sleeping Beauties: Reawakening Fashion"

What Happens Inside?

While the red carpet is widely broadcast, the actual event inside is heavily guarded and exclusive. Once inside, attendees participate in a cocktail hour, view the new exhibition, and sit down for a highly curated dinner.

To encourage socializing and networking, organizers purposefully seat spouses and close friends apart. The night traditionally features a high-profile performance from a major musical artist, followed by exclusive after-parties.

Did you play along? It was fun I must say, having AI dress one for this spectacular event.

People on social media had so much fun....

What is Men's opinion on fashion

Men's opinions on fashion are diverse, generally split between prioritizing practical comfort and utilizing style as a tool for confidence. While many men consciously curate their personal style using online guides, a significant number avoid being overly associated with "fashion" to maintain masculine ideals, valuing timeless wardrobe staples over fleeting runway trends.

Function Over Form For a large portion of men, clothes are functional. They prefer durability, fit, and utility. The primary opinion is that clothes should be comfortable and appropriate for the occasion rather than following the latest micro-trends pushed by social media.

The Trap of "Too Much Effort" Historically, being overly focused on clothing was deemed frivolous or feminine. Many men still feel pressure to adhere to this, leading to the idea of sprezzatura (the art of "studied carelessness"). The goal is to look stylish, but to appear as if you just threw the outfit on effortlessly.

Identity and Confidence.

Especially among younger generations, fashion is increasingly viewed as a crucial tool for self-expression and signaling identity. Many men believe that looking good leads to feeling good, using a well-fitting, high-quality wardrobe to boost their professional and personal confidence.

The Influence of Fit and Proportion: When men critique other men's style, the most common consensus is that fit is king. The prevailing opinion is that an expensive or trendy item looks poor if the proportions (like sleeve length or trouser taper) are incorrect, while a budget outfit looks excellent if tailored properly.

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Practical Shopping Habits

Unlike traditional stereotypes, modern men are highly engaged in researching what they wear. However, their approach to acquiring clothes tends to differ from women's shopping habits. Many prefer to find a reliable brand or specific silhouette they like and stick to it, building interchangeable core wardrobes rather than constantly experimenting.



Fashionable hairstyles for 2026...

Hairstyles in 2026 lean heavily into "effortless romance," focusing on soft sculpting, airy layers, and low-maintenance textures rather than overly structured or rigid styles.

Top Women's Cuts

The Modern Bob: A softer, highly wearable evolution of the blunt bob, featuring lightly layered ends and a subtle inward curve.

Airy & Soft Shags: Choppy, retro-inspired cuts with relaxed layers that add volume without feeling too heavily constructed.

The Whimsy Pixie: A playful, slightly grown-out pixie with gentle texture that frames the face and works seamlessly across multiple face shapes.

Long Layers with Wispy Bangs: Long hair is back in a big way, styled with 70s-inspired, face-framing "Birkin" bangs and seamless flow.

French & Island Curls: Protective braided styles—especially French curl extensions and two-step braids—are dominating the texture trends.

Top Hair Colors

Suede Brunette: Velvety, muted espresso and cocoa tones that are deeply polished but easy to grow out.

Dimensional Bronde: A beautiful, sun-kissed hybrid of brown and blonde that brings excellent shine and low maintenance.

Teddy Bear Blondes: Warm, rich tones like caramel, toffee, and strawberry beige that give a soft, cozy, and dimensional finish.

Metallic Platinum: Frosty, ultra-reflective liquid white-gold tones, heavily inspired by futuristic aesthetics.

Top Men's & Short Cuts

Faded Crew Cut:

A sharper, modernized crew cut featuring a skin fade on the sides and slightly longer length on top, perfectly styled with texture powder.

Textured Crop: A relaxed, easy-to-style cut that takes seconds to manage in the morning, focusing on gritty, matte volume.

The question is do you follow the trends or do you just follow your own ideas.?

2026 HOT HAIRSTYLE TREND



MAGAZINE

Media House



NEXT ISSUE JULY 2026

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