Top Vibe Magazine

ONLINE
NOV 2026
ISSUE 210

Celebrate 19 years in business

19 years of stories, inspiration, community and memories.

We thank those who have been part of our journey!



Giselle Rodrigues
Face of Top Vibe Magazine 2027

Friday Club Business Network

VCN NEWS
VAAL COMMUNITY NETWORK NEWS

MH MEDIA HOUSE

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Magazine

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MEDIA HOUSE - TOP VIBE MAGAZINE
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TOP VIBE MAGAZINE
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1.

TOP VIBE MAGAZINE AMBASSADORS:

Welcome to our lovely ambassadors they will bring you something new every month.

2.

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3.

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4.

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Charmaine Britz

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Editors Note

Dear Readers,

This month we bring you interestings thing happening. Top Vibe Magazine celebrate our 19th Birthday I would like to thank each reader, every Ambassador the magazine had over the past years.

The Face's of our magazine, thank you, without people there can be no magazine.

Do we have plans for next year "YES" the big 20! We will see what God has planned for us.

Congratulations to our New Faces of the magazine we are proud to have you as part of the team.

Charms

Ambassadors

Goodbye



Bokamosa Bless

Face of Top Vibe & Ambassador

Dear readers,

As the Face and Ambassador of Top Vibe Magazine, I would like to personally thank Carin and Charmaine for the platform that we can work on and reach out to the community, spreading kindness and hope during the winter season.

We would love for you to get involved and become part of the Top Vibe family. Every helping hand and every act of generosity makes a meaningful difference.

Thank goodness the winter is behind us, looking forward to hot sunny day's.

Take care till next time

Bokamoso Bless

Hallo

MY JOURNEY AS THE NEW FACE OF TOP VIBE MAGAZINE 2027! ✨

I am so excited to share this amazing journey with all of you! ❤️‍🩹

I will be the new Face of Top Vibe Magazine 2027, and I would love to take you along on this special adventure with me.

For me, this is more than just a title. It is an honour to be part of such a wonderful magazine and to represent Top Vibe.

Sometimes, you have to believe in yourself, keep trying, and never give up on what you wish to achieve. Today, I can proudly say: YES, this is my turn!

There is so much more to share about who I am, my dreams, and what this journey means to me. You will get to know me better in the issue of Top Vibe Magazine that will follow.

Thank you to Top Vibe Magazine for this incredible opportunity. I cannot wait to see what this journey has in store for me, and I hope you will join me every step of the way!

Your Face of Top Vibe Magazine 2027 ✨

Giselle Rodrigues



Giselle Rodrigues

Face of Top Vibe & Ambassador

Celebrate our 19th Birthday

Nineteen years of memories, nineteen years of growth, and nineteen years of absolute amazingness!

What an incredible journey it has been! As Top Vibe Magazine celebrates its 19th birthday this November, we look back on a journey filled with beautiful memories, unforgettable moments, challenges, laughter, and so many reasons to be grateful.

Nineteen years is a long time. It is nineteen years of stories told, people celebrated, dreams shared, and milestones reached. Through the pages of Top Vibe Magazine, we have been privileged to bring interesting articles, wonderful people, businesses, and communities closer together. But every journey has its ups and downs. There were moments of happiness and excitement, but there were also times of sadness, disappointment, and challenges that tested our strength.

Not every day was easy, and not every chapter was filled with smiles. Yet, every challenge taught us something, every setback made us stronger, and every new opportunity reminded us why we started this journey in the first place.

We have grown, learned, adapted, and continued moving forward, even when the road was not always smooth. The world has changed dramatically over these nineteen years, and so has the way we communicate and share our stories. Through it all, my passion for magazines, people, and community has remained close to our hearts.
To every reader who has supported us, every advertiser who has trusted us, every contributor who has shared a story, and every person who has been part of our journey — THANK YOU! You have helped make these nineteen years possible.
Without your support, encouragement, and belief in what we do, this milestone would not mean nearly as much.
As we celebrate this special birthday, we do so with grateful hearts and excitement for what lies ahead. There are still stories to tell, memories to make, dreams to pursue, and many more birthdays to celebrate.
Nineteen years behind us, a world of possibilities ahead of us!
Happy 19th birthday, Top Vibe Magazine! Here is to the memories we cherish, the lessons we have learned, the people who have stood beside us, and the amazing journey that is still unfolding.
Cheers to 19 years of absolute amazingness — and to many more years of making a difference, one story at a time!
Add Media House's journey.

Thank you Monica for the cupcakes to help us celebrate this special birthday.



Beach Safety: Keep Your Belongings Safe!

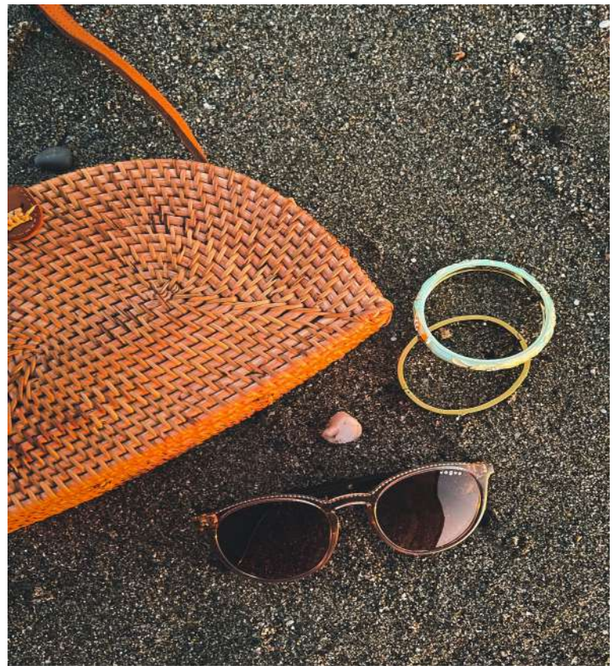
Beach Safety: Keep Your Belongings Safe!

A day at the beach is all about relaxing, enjoying the sunshine, and having fun with family and friends. But while you are enjoying the waves and warm sand, remember to keep your personal belongings safe. Leave your valuables at home. Avoid wearing expensive jewellery, such as gold chains, rings, bracelets, and large earrings. These items can attract unwanted attention and make you a target for thieves. Keep your beach look simple and comfortable!

Protect your cellphone. Your phone is valuable and contains personal information. Keep it in a secure, waterproof pouch or a locked compartment, and never leave it lying unattended on your towel while you swim. Avoid leaving your phone, wallet, car keys, and handbag visible inside your vehicle.

If possible, take turns swimming with family or friends so someone can keep an eye on your belongings. Never assume that your possessions are safe just because you are nearby.

Remember, a beach holiday should be about making beautiful memories, not dealing with the stress of stolen belongings. Enjoy the sun, enjoy the sea, and stay alert! A little extra care can help make your beach day a safe and happy one.





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Exam Stress? Let's Have Some Fun!

Can you believe there are only two months left before school closes for the December holidays? The year has flown by! But before you pack away your schoolbooks and start dreaming about swimming pools, ice cream, and Christmas presents, there is still one little mountain to climb — EXAMS! 📚✏️

We know that studying can sometimes make you feel tired, worried, or even a little grumpy. But guess what? Your brain needs a break too! Taking some time to relax and have fun can help you feel refreshed and ready to learn again.

So, let's turn those stressful days into something a little more exciting!

🌟 7 Fun Things to Do Between Studying

1. 🎨 Have a 15-minute art challenge!

Grab some paper and pencils and draw the funniest animal you can imagine. What about a giraffe with roller skates or a chicken wearing sunglasses? Let your imagination run wild!

2. 🍓 Become a mini master chef!

Ask Mom, Dad, or another trusted adult to help you make a colourful fruit salad, decorate biscuits, or create funny faces using healthy snacks. Remember, a little creativity makes everything taste better!

3. 💃 Dance like nobody is watching!

Put on your favourite song and dance for five minutes. Make up your own silly dance moves. You might look funny, but that is exactly the point!

4. 🌳 Go on a mini nature adventure!

Step outside and see how many different birds, flowers, leaves, or insects you can spot. Fresh air and a little movement can help you feel calmer and more refreshed.

5. 😂 Tell a joke challenge!

Challenge your family to see who can tell the funniest joke. Here is one to get you started:

Because the teacher said it was a piece of cake! 🤣

6. 🧩 Create your own treasure hunt!

Hide five small objects around the house or garden and write clues for someone in your family to follow. You can even make the final prize a homemade certificate for being the best treasure hunter!

7. 💌 Write a letter to your future self!

Write down three things you want to achieve before the end of the year. Add one thing you are proud of and one thing you are excited about during the holidays. Keep your letter somewhere safe and read it again when school closes.

📚 The Secret to Surviving Exam Season

Try studying for about 25 minutes, then take a short break. Stretch your legs, drink some water, or do something fun before returning to your books. Make sure you get enough sleep, eat healthy meals, and ask for help if you don't understand something.

Remember, you don't have to be perfect. Do your best, take one subject at a time, and be proud of the effort you put in.

❤️ A Little Message Just for You

Dear Kids, exams are important, but they are not the only thing that matters. You are important too! Your happiness, health, friendships, and dreams matter just as much.

So, keep studying, keep smiling, and remember to make time for a little laughter every day.

You've got this! Two months to go — let's finish the school year with happy hearts, brave minds, and lots of fun! 🍕🌈

We at Top Vibe Magazine — wishing you all the best.

Keeping Our Children Safe – Anytime, Anywhere



Our children are precious, and their safety should always be a priority. Whether they are at school, playing with friends, visiting a shopping centre, or spending time online, we need to teach them how to protect themselves.

Here are a few important safety tips for parents:

Teach them about strangers: Children should never go anywhere with someone they do not know, even if that person seems friendly.

Stay connected: Always know where your children are, who they are with, and how to contact them.

Be careful on social media: Teach children never to share their home address, school name, phone number, passwords, or live location online.

Think before posting: Remind them that photos, videos, and messages can be shared with others and may remain online for a long time.

Online friends are not always real friends: Never agree to meet someone they have met online without a parent's knowledge and supervision.

Speak up: Encourage your children to tell you if someone makes them feel uncomfortable, threatens them, or sends inappropriate messages. They should never be afraid of getting into trouble for asking for help.

Set healthy boundaries: Use age-appropriate privacy settings, parental controls, and screen-time limits.

Remember: The best protection starts with communication. Talk to your children regularly, listen without judging, and make sure they know they can always come to you for help.

Keeping our children safe is not about frightening them; it is about empowering them to make smart choices, both in the real world and online.

Add practical everyday safety habits

Planning Your December Holiday: Enjoy More, Spend Less!

December is just around the corner, and many families are already dreaming about their well-deserved holiday. Whether you are planning a trip to the coast, visiting family, exploring the countryside, or simply taking a few days off at home, one thing is certain: a good holiday starts with good planning!

With petrol prices putting pressure on our pockets and the cost of living continuing to rise, many South Africans may have to rethink their December holiday plans. But don't let that take away your holiday spirit. You can still enjoy a wonderful festive season without spending a fortune.

Start Planning Early

The earlier you start planning, the better. Decide where you would like to go, how many days you can afford to be away, and what your budget will be. Remember to include accommodation, food, activities, petrol, toll fees and some extra money for unexpected expenses.

It is easy to focus on accommodation and forget about the smaller costs that can quickly add up.

Think About the Petrol!

Before packing your bags, work out how much fuel your journey will require. Compare the cost of driving to your destination with alternatives, such as travelling with family or friends and sharing the expenses.

If you are travelling a long distance, plan your route carefully. Avoid unnecessary detours, check your tyre pressure, have your vehicle serviced and make sure it is roadworthy before leaving. A well-maintained vehicle can help you travel more safely and avoid unexpected repair bills.

You could also consider a destination closer to home. Sometimes, the best holiday memories are made just a short drive away!

Set a Holiday Budget

Decide how much you can comfortably spend without starting the new year with unnecessary debt. Avoid using credit for holiday expenses that you cannot afford to repay.

Prepare some meals yourself, pack snacks and drinks for the road, and look for free or affordable activities. If you are visiting family, discuss sharing food and other expenses beforehand.

A holiday should leave you with happy memories, not a pile of bills waiting for you in January.

Consider a Staycation

Who says you have to travel hundreds of kilometres to enjoy a holiday? You can turn your own home into a holiday destination!

Visit a nearby park, enjoy a picnic, explore local attractions, have a family braai, play board games or spend time doing things you normally never have time for.

Children often remember the fun they had with their parents more than the price of the holiday. Sometimes, an afternoon of swimming, laughter and ice cream is all it takes to make a special memory.

Don't Forget Your Home and Safety

If you are travelling away, arrange for someone you trust to keep an eye on your property. Secure your doors and windows, check your appliances and avoid announcing your absence to strangers or posting your travel plans publicly while you are away.

Keep emergency numbers, your vehicle insurance details and roadside assistance information handy.

Make Time for What Matters

December is not only about travelling. It is also about spending time with the people we love, reflecting on the year that has passed and appreciating the blessings we have received.

If an expensive holiday is not possible this year, don't feel disappointed. There is no shame in choosing a simpler celebration that fits your budget.

Remember: You don't have to travel far to make memories, and you don't have to spend a fortune to have fun. Plan wisely, spend carefully, travel safely and enjoy every moment.

Your greatest holiday treasure is not the distance you travel or the money you spend, but the time you share with the people who matter most.

Have a safe, happy and blessed December holiday!

Hats off to summer!

Make a Fashion Statement on the Beach with the Perfect Summer Hat

Summer is here, the sun is shining, and it is time to bring out those beautiful summer hats! Whether you are heading to the beach, relaxing beside the swimming pool, enjoying a seaside holiday or taking a stroll along the promenade, a summer hat can be the perfect finishing touch to your outfit.

But a summer hat is more than just a fashion accessory. It is also an important way to help protect your face, ears and neck from the sun. So why not combine style with sun protection and make your hat the star of your summer look?

Which Summer Hat Suits Your Style?

The Classic Wide-Brimmed Hat

If you want to look elegant and glamorous on the beach, a wide-brimmed hat is a wonderful choice. It pairs beautifully with a flowing summer dress, a swimsuit or a colourful sarong. Choose a natural straw colour for a timeless look, or go bold with a hat decorated with a ribbon, flowers or a stylish bow.

The Trendy Straw Hat

Nothing says summer quite like a straw hat! From natural woven designs to modern shapes with decorative bands, straw hats are ideal for creating that relaxed holiday look. Match yours with sunglasses, sandals and your favourite beach bag.

The Floppy Beach Hat

Want to feel like a movie star on holiday? A floppy hat adds a touch of glamour to almost any beach outfit. Choose a neutral shade for classic elegance or a bright colour to stand out from the crowd.

The Bucket Hat

For those who prefer a casual, youthful style, the bucket hat is a fun option. Available in floral prints, tropical patterns and bright colours, it is perfect for beach walks, outdoor markets and summer adventures. Look for a version with a suitable brim and sun-protective fabric.

The Colourful Statement Hat

Why settle for ordinary when you can make a statement? Think bright pink, turquoise, yellow, red or even a playful tropical print. Your hat can be the highlight of your outfit, especially when paired with simple swimwear or a plain summer dress.

How to Match Your Hat to Your Beach Outfit

Fashion is all about having fun and expressing your personality. A large straw hat looks lovely with a flowing dress, while a colourful bucket hat can complement shorts and a T-shirt.

For a coordinated look, match your hat to your swimsuit, beach bag or sandals. Alternatively, choose a contrasting colour that makes your hat stand out.

And do not forget your sunglasses! Together, a hat and a good pair of sunglasses create a stylish summer look while helping shield your eyes and face from direct sunlight.

Choose a Hat That Protects You. While looking fashionable is wonderful, sun safety should always come first.

Choose a hat with a wide brim that shades your face, ears and neck.

Look for tightly woven fabric or a hat labelled with a UPF sun-protection rating.

Stay Organised: Make Your Calendar Your Best Friend

Life can get busy, especially when you have work, family responsibilities, appointments and social events to attend. One of the easiest ways to stay organised is to keep a diary or use a calendar to plan your everyday activities. Write down important appointments, birthdays, meetings, deadlines and upcoming events.

Set reminders on your cellphone so you don't forget something important. You can even plan your daily tasks the night before, helping you start each morning with a clear idea of what needs to be done.
Remember tocheck your calender every day and update when plans change.

Whether you prefer a traditional dairy, a wall calender or a digital calender on your phone. Choose the one that works best for you.

A little planning goes a long way!

Keeping track of your time can reduce stress, prevent missed appointments and help you make more time for the things you enjoy. Don’t let life keep you busy without a plan - take control of your day, one day at a time.




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