Glamour Talk Mag

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Gold or Silver? Choosing the Right Jewellery for Every Age

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IMH Attorneys.

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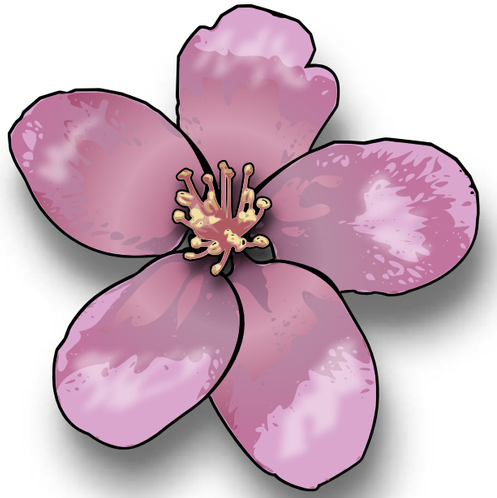
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Our back page will be a reminder of the month of Nov



Editors Note

Dear readers,

Editor's Note – October

Welcome to our October edition!

This month we bring you interesting articles about gold or silver jewellery, choosing the right jewellery for every age.

Important reminder that living together does not automatically mean you are married under South African law. This artical was brought to Media House by IMH Atorneys - Ilze du Plessis.

We also highlight the Media House projects that continue to support and uplift our community.

Enjoy this month's edition, and thank you for being part of the Media House family!

We will be back nexts month with Part 2 of living together does not mean you are married under South African law.

See you next month!

Charms

Our Ambassador



Ambassador
Candice Trietsch

Dear Readers,

I am proud and honoured to be an ambassador for this wonderful magazine. It is filled with inspiring stories, interesting articles and beautiful opportunities for everyone.

Being part of this magazine is truly special, and I'm excited to continue supporting and promoting it!

I'm glad the end of the year is approaching I't was a long year and I need to to get through the last few months.

Take part in our projects, its fun.

I still need to do a lot so I need to say goodbay and we will chat again next month.

Kind Regards

Candice Trietsch
Glamour Ambassador
078-614-4171



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“The Woman You Are Becoming”

A beautiful lifestyle feature about how women change through different stages of life — not just physically, but emotionally, professionally and personally.

You could cover:
🌷 Your style changes — discovering what really suits you.
💄 Beauty after 40/50 — less about hiding age and more about looking fresh and confident.
❤️‍🩹 Learning to choose yourself — saying no without feeling guilty.
👗 Dressing for yourself — wearing what makes you feel glamorous.
💞 Friendships — why having the right people around you matters.
🌟 Confidence — glamour isn't about being perfect; it's about feeling comfortable in your own skin.
🍒 Starting over — it's never too late to try something new.

Another fun idea:
“Little Luxuries That Make You Feel Glamorous”
You could talk about inexpensive things women can do for themselves: a beautiful lipstick, fresh flowers, a favourite perfume, doing their nails, dressing up for no reason, enjoying a cup of coffee alone, or having a little pamper evening at home.

Or we could make the whole magazine theme “Glamour on a Budget” — looking fabulous without spending a fortune. That could give you several articles, including fashion, beauty, home, self-care and affordable treats.



Gold or Silver? Choosing the Right Jewellery for Every Age

Jewellery has a wonderful way of making us feel beautiful, confident and dressed up. But when it comes to choosing between gold and silver, does your age really matter?

The answer is: not as much as you may think! Both gold and silver can look beautiful on a young woman, a mature woman or a grandmother. The secret is choosing the right style, size and colour for your personality.

✨ Gold – Classic and Timeless
Gold has always been associated with elegance and tradition. Yellow gold, in particular, has a warm, classic appearance and can look beautiful with both everyday clothing and formal outfits.

For an older woman, a delicate gold chain, small gold earrings, a classic bracelet or an elegant ring can create a sophisticated look without being too heavy. Gold can also be a wonderful choice for jewellery that is treasured and passed down through the family.

For younger women, gold can be worn in a much more modern way. Think delicate layered necklaces, small hoops, fine bracelets or several simple rings worn together.
Gold also comes in different colours, including yellow, white and rose gold, so there is plenty of choice.
🤍 Silver – Fresh and Modern
Silver has a cool, bright appearance and is often associated with a fresh and contemporary style.

Sterling silver is also generally more affordable than gold, making it possible to own several different pieces without spending a fortune.

Silver can be particularly attractive on younger women who enjoy modern, fashionable jewellery. Statement earrings, layered necklaces and unusual rings can create a youthful and trendy appearance. But silver certainly isn't only for young women! An older woman can look wonderfully elegant in silver, especially when it is combined with pearls, diamonds or other sparkling stones.

👵 What About Older Women?
There is no rule saying that older women should wear gold and younger women should wear silver.
However, comfort becomes increasingly important. Very heavy earrings, complicated necklaces or bulky bracelets may not be comfortable for everyday wear. A beautiful medium-sized earring, a simple pendant or an elegant bracelet can often create a polished look without becoming uncomfortable.

Gold can be particularly practical for jewellery worn frequently because it doesn't tarnish in the same way sterling silver does. Silver can develop tarnish over time and may need polishing to bring back its shine.

👩 Young Ladies – Have Fun With Jewellery!
Young women don't have to stick to one metal either. Silver, gold, rose gold and even combinations of different metals can create beautiful modern looks.

Try a fine gold necklace with a casual outfit, silver hoops with jeans, or several delicate bracelets for a layered look.
And don't be afraid to experiment! Jewellery is an accessory, not an age restriction.
💡 So, Which One Should You Choose?
Choose gold if you love:
• A classic and luxurious appearance
• Warm, traditional colours
• Jewellery you want to keep for many years
• Timeless pieces that can become family treasures.

Choose silver if you love:
• A cool, modern appearance
• Affordable fashion jewellery
• Contemporary and unusual designs
• A bright, clean look.

The Golden Rule
The best jewellery is the jewellery that makes you feel good when you wear it. Whether you are 25, 55 or 75, there is no age limit on looking glamorous. Wear the colour you love, choose pieces that are comfortable, and let your jewellery reflect you.

After all, elegance doesn't have an age — and neither does a beautiful piece of jewellery!





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Living Together Does Not Mean You Are Married: Understanding Cohabitation in South African Law



By IMH Attorneys Inc

Ilze du Plessis - 082 574 2906

"We have lived together for years. Surely, we are married in the eyes of the law?"

It is one of the most common misconceptions about relationships in South Africa.

A couple may live together for ten, fifteen or even twenty years. They may share a home, raise children together, combine their finances and introduce one another as husband and wife.

Yet, when the relationship ends, one partner may discover that the legal protection they believed existed does not automatically exist at all.

Simply living together does not, by itself, make you legally married.

South African law does not generally recognise an automatic "common-law marriage" merely because two people have lived together for a lengthy period.

This distinction can have serious consequences when a relationship ends through separation or death.

Living Together Is Not the Same as Being Married

Many people believe that there is a particular period after which cohabiting partners automatically acquire the legal status of spouses.

There is no general rule that says: "If you live together for five years, you are legally married."

Nor is there a rule that automatically turns a relationship into a marriage because the couple:

* Have children together;
* Share household expenses;
* Own assets together;
* Share a surname;
* Have a joint bank account; or
* Refer to one another as husband and wife.

These factors may be relevant when considering the nature of the relationship or a possible legal claim. However, they do not automatically create a marriage.

The Constitutional Court has recognised the important distinction between marriage and cohabitation. Marriage carries legal rights and obligations that arise by operation of law, whereas the position of unmarried cohabitants is not automatically governed by the same legal framework.

What Makes a Marriage Legally Recognised?

South African law recognises different forms of legally recognised marriages and unions, provided that the relevant legal requirements have been met.

These include, among others:

* Civil marriages;
* Civil unions; and
* Customary marriages.

A civil marriage is formally concluded in accordance with the applicable legal requirements, including solemnisation by an authorised marriage officer.

Marriage is therefore not simply a description of a committed relationship. It is a legal status with specific consequences.

Those consequences may affect matters such as:

Living Together Does Not Mean You Are Married: Understanding Cohabitation in South African Law

* Property ownership;
* Matrimonial property rights;
* Maintenance obligations;
* Inheritance;
* Pension and other benefits; and
* The financial consequences of divorce.

For this reason, couples should not assume that a relationship that looks like a marriage will necessarily have the same legal consequences as a marriage.

An Important Distinction: Customary Marriage and Cohabitation

It is particularly important not to confuse ordinary cohabitation with a customary marriage.

A couple may be validly married under customary law even if they have never concluded a civil marriage.

Whether a valid customary marriage exists depends on whether the legal requirements for a customary marriage have been met.

The 31 August 2026 Registration Deadline

The Department of Home Affairs has announced that 31 August 2026 is the deadline for qualifying customary marriages to be registered during the current special registration period.

The special registration period was introduced to allow certain customary marriages that were not registered within the prescribed period to be regularised.

However, there is an important legal distinction that should not be overlooked:

Registration and validity are not necessarily the same thing.

The Recognition of Customary Marriages Act places a duty on spouses to ensure that a customary marriage is registered, but the Act also provides that the failure to register a customary marriage does not, by itself, affect the validity of an otherwise valid customary marriage.

Therefore, a person who believes that they may have entered into a valid customary marriage should not simply assume that they are an unmarried cohabitant because the marriage was never registered.

Legal advice should be obtained to determine the true legal position.

"But We Shared Everything"

This is where many people encounter difficulties.

Imagine a couple who has lived together for fifteen years.

One partner owns the family home in their own name. The other contributes towards household expenses, groceries, renovations and the general running of the household.

The couple may have built a life together. They may genuinely regard the home as "our house".

But when the relationship ends, an important legal question arises:

Who is the legal owner of the property?

Cohabitation does not automatically create a joint estate.

Nor does it automatically mean that every asset accumulated during the relationship belongs equally to both partners.

The starting point will often include questions such as

* In whose name is the property registered?
* Who purchased the asset?
* What contributions were made by each party?
* Was there an agreement between the parties?
* Was a contribution intended to create a financial interest?
* Can another recognised legal remedy be established?

Living Together Does Not Mean You Are Married: Understanding Cohabitation in South African Law

The answer will depend on the particular facts of each case.

Does Living Together Give You a Right to Half of Your Partner's Assets?

Not automatically.

One of the most dangerous assumptions a cohabiting partner can make is:

"We have been together for years, so I am entitled to half of everything."

That is not the general position in South African law.

Unlike certain consequences that may arise from a marriage and its applicable matrimonial property regime, cohabitation alone does not automatically create an entitlement to half of a partner's assets.

This does not mean, however, that an unmarried partner can never have a claim.

Depending on the circumstances, a person may have a claim based on:

* An express agreement;
* A tacit agreement;
* A contribution to a particular asset; or
* A universal partnership.

Each of these possibilities has its own legal requirements.

What Is a Universal Partnership?

A universal partnership is one of the legal concepts that may become relevant when a long-term cohabiting relationship ends.

The Supreme Court of Appeal has confirmed that a universal partnership may arise between unmarried cohabitants where the necessary requirements are established.

Importantly, the parties do not necessarily need to have signed a formal partnership agreement.

A partnership may, in appropriate circumstances, arise from the conduct of the parties and the manner in which they organised their financial and domestic lives.

However, this is where another misconception must be avoided.

PART 2: NEXT ISSUE

Living Together Does Not Automatically Create a Universal Partnership



MAGAZINE

Media House



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